



*Primary care organisations
across the North East*

Cuts. Strains. Itches. Sprains.

For slips, trips, skin complaints,
and everything between, choose an NHS
Walk-in Centre, NHS Urgent Care Centre
or NHS Minor Injuries and Illness Unit.

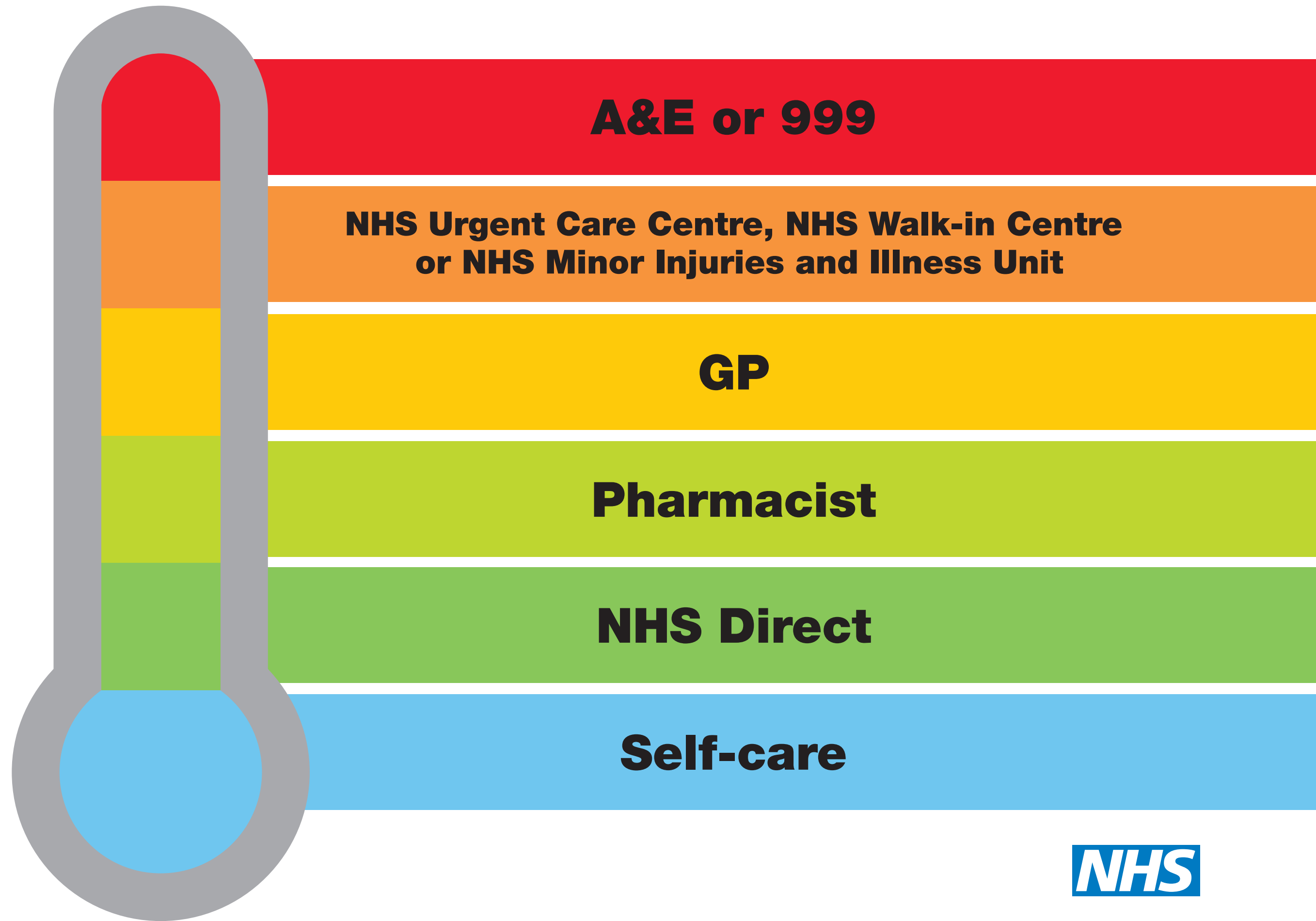


**Diarrhoea.
Runny nose.
Painful cough.
Headache.**

For common colds, sickly
stomachs, and everything
between, choose a pharmacist.



If you become unwell or are injured make sure you choose the right NHS service.



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