



Cuts. Strains. Itches. Sprains.

For slips, trips, skin complaints, and everything between, choose an NHS Walk-in Centre, NHS Urgent Care Centre or NHS Minor Injuries and Illness Unit.

Use an **NHS Walk-in Centre, NHS Urgent Care Centre or NHS Minor Injuries or Illness Unit** to treat ailments that do not need a visit to A&E or a medical appointment. Choosing well ensures you receive the best possible treatment, leaving emergency services to those who need them most.



**Choose
well.**

NHS

*Primary care organisations
across the North East*